

Contraceptive counseling

Professionals in family counseling services (*Consultorio familiare*, *Spazio Giovani*, and *Spazio Giovani adulti e Spazio Donne Immigrate*) must provide contraceptive counseling within 14 days and no later than 30 days after the patient's request.

Services of contraceptive counseling can be provided by midwives or gynecologists.

The contraceptive counseling provided by midwives in family counseling centers is always free of charge.

The contraceptive counseling provided by gynecologists implies a co-payment; it is free of charge only for specific age groups and under certain conditions.

After receiving contraceptive counseling, you can obtain the following contraceptive methods free of charge (always for specific age groups and under certain conditions): hormonal (oral, transdermal, and vaginal), implantable, intrauterine (copper IUD or with progestin release), emergency contraception (hormonal or copper IUD), and female and male condoms.

Conditions for accessing contraceptive counseling by a gynecologist and contraceptives free of charge:

Citizens (male and female) under the age of 26

- Italian, EU and non-EU citizens registered with the SSN, RESIDING IN EMILIA-ROMAGNA AND REGISTERED WITH A LOCAL GP
- Asylum seekers or beneficiaries of subsidiary protection (permit for humanitarian reasons – PSU)
- Foreign citizens holding an STP card for foreign nationals provisionally living in Italy

Women between 26 and 45 years of age holding an E02 exemption (unemployment) or E99 exemption (workers hit by the crisis) in the 24 months following voluntary abortion or in the 12 months following childbirth:

- Italian, EU and non-EU citizens registered with the SSN, RESIDING IN EMILIA-ROMAGNA AND REGISTERED WITH A LOCAL GP
- Asylum seekers or beneficiaries of subsidiary protection (permit for humanitarian reasons – PSU)

If you access a *Consultorio familiare* with the prescription of a private gynecologist or other doctors outside the *Consultorio*, you cannot receive the contraceptive free of charge. To receive contraceptive methods free of charge you must have received contraceptive counseling from the family counseling services.

For more information, contact the family counseling services of your district of residence.

Support and counseling for young people

Young people, alone or as a couple (also in the absence of their parents), can find support at the *Spazio Giovani* of the family counseling center (*Consultorio familiare*). Here, they will find professionals sharing information, counseling, support regarding sex education, emotional and relationships management, contraception, and prevention. These are specifically trained professionals.

Further information on the web page of [Spazio giovani](#), the counseling service for young people.



(2)



Intercultural mediation, useful information for foreign nationals

Intercultural Mediation aims at facilitating foreign nationals in accessing healthcare facilities and services. It consists of a network of interpreters and mediators of different ethnicities, who serve as listening and support partners in the diagnostic and treatment process.

Various facilities of the healthcare system are provided with information desks specific for intercultural mediation. An on-call mediation service is also available throughout the day for both inpatients (upon request of the facility concerned) and outpatients (upon request of healthcare professionals).

Intercultural Mediators are also in charge of translating clinical documentation, when necessary, and of translating and disseminating information material for foreign nationals.

The healthcare facilities located along the coastal area of Romagna are provided with an interpreting service.

To receive information relevant to their healthcare assistance, foreign nationals can contact one of the permanent Intercultural Mediation information desks.

In case of hospitalization, healthcare professionals can activate the Intercultural Mediation service directly. Useful information Italian, Arabic, French, Chinese, and English.

Healthcare for immigrant women and their children

Immigrant women, with or without residence permit, can find medical assistance and counseling for themselves and their children by contacting the service for immigrant women and their children (*Spazio per le donne immigrate e loro bambini*) at the family counseling centers (*Consultori familiari*) or at the community pediatrics centers (*Pediatrie di comunità*).

Immigrant women, with or without residence permit, can find medical assistance and counseling for themselves and their children by contacting the service for immigrant women and their children (*Spazio per le donne immigrate e loro bambini*) at the family counseling center (*Consultorio familiare*).

This service provides women with assistance for pregnancy, voluntary abortion (*IVG*), menopause, birth control, and infertility. Midwives and gynecologists are available for counseling.

Children have access to pediatric examinations, health checks, vaccinations, and checkups for tuberculosis and infectious diseases. At the *Spazio per le donne immigrate e loro bambini*, an intercultural mediator is present to facilitate interactions.

In case a *Spazio per le donne immigrate e loro bambini* is not available, immigrant women can access these services at the *Consultori familiari* and *Pediatrie di comunità*.



What you need

Immigrants without residence permit need to hold a provisional *STP* card for foreign nationals provisionally living in Italy (*Straniero temporaneamente presente*).

Where to go

Consultorio familiare and *Spazio donne immigrate e loro bambini*

Healthcare for nomadic and non-EU children

Nomadic and non-EU children who have not registered with the National Health Service still receive medical and social assistance from community pediatrics centers (*Pediatrie di comunità*) and the service for immigrant women and their children (*Spazio per le donne immigrate e loro bambini*) of their healthcare district (*Azienda UsI*). Here, professionals will assess the children's needs, perform medical examinations, check their health, administer vaccinations, and check for infectious disease.



Obstetrical examination and counseling for pregnancy

Pregnant women can turn directly to the midwives of the family counseling center (*Consultorio*) to check their own and the fetus' well-being free of charge, receive information about pregnancy and assistance during delivery (in hospital and at home), and to plan all checkups and specialty consultations.

This visit is part of the pathway to childbirth (*percorso nascita*), a method of coordinated support provided by different professionals and services dedicated to women, from the beginning of their pregnancy until after childbirth.

